

Hi again to each and to all...

Master Mingtong is offering a free 90-minute Wisdom Healing Qigong **Webinar** on 4 different days and at several different times January 30th – February 2nd. I have already signed up ... simple steps to register when you click on the purple link near the end below. The Webinar link will then be sent to you for your session. Webinars are a little different from Zoom. On a webinar you only see Master Mingtong, without any live audience. On Zoom you see everyone and it is more interactive.

When I registered, I was asked to choose one of the following times: (MT means Mountain Time. We are 3 ½ hours later in NL)

Saturday, January 30th - 10:00 MT (**1:30 NL**) This is the one I registered for ...

Sunday, January 31st – 3:00MT (**6:30 NL**) OR 6:00 MT (**9:30 NL**)

Monday, February 1st – 8:00 MT (**11:30 NL**) OR 2:00 MT (**5:30 NL**)

Tuesday, February 2nd – 10:00 MT (**1:30 NL**) OR 4:00 MT (**7:30 NL**)

Here are the poster and a few other bits I copied from the registration page ... followed below by the original e-mail from the Chi Center.

Come RELAX and EN-JOY!



**DURING THIS FREE 90-MINUTE QIGONG MASTERCLASS
YOU WILL DISCOVER HOW YOU CAN:**

- effectively **release life-limiting stress every day**, as well as any trauma from the past that has been stored in the cellular memory of your body
- address and **transform the deep causes of any illness or challenge** in your life
- **shift from being controlled by fear and anxiety** to living with expansiveness, self-empowerment, and creativity
- start your year by **activating new vibrant energy** that enlivens your health, happiness, and abundance – in spite of current world crises and the pandemic
- develop a whole-hearted sense of **self-love, self-worth, and inner harmony** – so you have more energy, joy, and love to give to the world
- realize both short and long term benefits for **emotional ease** and equanimity, **fulfilling relationships**, and a deeper sense of **meaning and purpose** in your life
- move from feelings of isolation or depression to **feeling safe and supported through connection and community**

Haola!

Continued blessings in abundance for each new day as it unfolds,

Sheila

*"There is a beautiful garden within
for you to cultivate now –
especially during this challenging time."
- Master Mingtong Gu, Wisdom Healing Qigong*

From: Master Mingtong Gu <QigongMasterMingtong@ChiCenter.com>

Sent: January 21, 2021 10:15 PM

To: sheilaleonard@nf.sympatico.ca

Subject: Enclosed: Your next Practice Tip, plus a Free Qigong MasterClass Webinar

PRACTICETIP:

"Chen Chi practice heals and brings relief to conditions of shoulder pain, arthritis, headaches, immune system weakness, heart and lung problems, and difficulties with lymphatic circulation." — MMG



Greetings, Sheila

What would it be like to live the highest vision of yourself and your life every day? Can you imagine how life would be for you? For your loved ones? For the world?

Would you like a little inspiration?

In a few days, Master Mingtong will be giving a free masterclass webinar you might enjoy: [*Qigong Wisdom Secrets To Discover and Manifest the Highest Vision Of Your Life*](#)

During this special online event, he'll be sharing some personal stories he's never shared before, about how he learned to...

- Release personal limitations and transform fear to power
- Shift from feelings of isolation to connection
- Experience better health and greater vitality
- Peacefully integrate and transform grief and trauma
- Live and work from the here and now

You don't want to miss this Masterclass! It's FREE and it's happening soon so you can jumpstart your in 2021 with a **new vision!** (There are 4 dates to choose from, January 30, 31, February 1 & 2).

Discover and Manifest The Highest Vision of Your Life
Qigong Practices & Wisdom Secrets From Master Mingtong

Let's dare together to envision and manifest the highest vision of Life!

Radiant blessings,



Sallena Pool

Director of Operations and Communications Chief

The Chi Center for Wisdom Healing Qigong
Master Mingtong Gu, Founder & CEO

email: Communications@ChiCenter.com

office: 800.959.2892

ChiCenter.com • *Haola! All is well and getting better*

P.S. Master Mingtong will be sharing his personal story of how he overcame poverty, illness, trauma, and unhappiness in this Masterclass. I'll be interviewing Master Mingtong and I hope we see you there. Don't miss this chance to ask your questions live!

**Register to join one of the Free
Webinars - January 30, 31,
February 1, or 2**

