

January 26, 2021

Hi to each and to all on my Class/Retreat mailing lists...

(Attaching this as a PDF since having issue with sending it ordinary way this morning ...



Passing along this BONUS offer from Master Mingtong Gu through the Shift Network.

Three gifts you can download to your own computer and EN-JOY for free ...

Open to everyone ... no previous connection needed either with Shift Network or with Wisdom Healing Qigong ...

More WELL wishes to all ...

Continued blessings in abundance for each new day as it unfolds,

Sheila

"Don't ask what the world needs.

Ask what makes you come alive and do it.

Because what the world needs is people who have come alive".

~ Howard Thurman

From: The Shift Network <stephen@theshiftnetwork.com>

Sent: January 21, 2021 10:17 AM

To: sheilaleonard@nf.sympatico.ca

Subject: 'Qigong Sound Healing to Build Immunity' w/Master Mingtong Gu

Discover a special offer of 'Immunity-Building Qigong for Self-Healing'



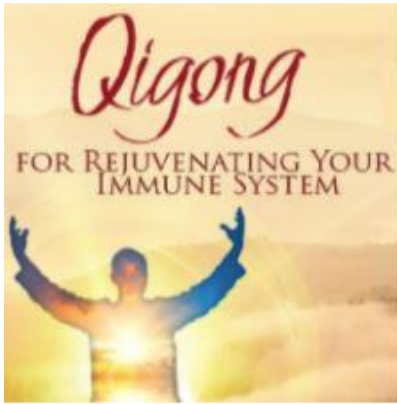
Dear Sheila,

In our recent course with **Qigong luminary Master Mingtong Gu**, you discovered how Wisdom Healing Qigong (WHQ) offers deep solutions for the isolation, anxiety, and physical illness of our modern world.

Through these practices, you can return to your body as your inner home — and **develop a deeper connection with subtle energy**.

Out of our appreciation for Master Mingtong's insights and tools during these health-conscious times....

... we're extending an opportunity for you to stay in touch with him AND receive [these three useful Qigong resources](#) for cultivating wellness throughout your days:



Qigong for Rejuvenating Your Immune System Mini-Course

Discover a powerful Qigong practice for enhancing and up-regulating your immune system to help increase your energy and vitality

Sound-Healing Technologies Info-Graphic Download

Learn the English phonetics and original Chinese sounds attributed to

one of the most beloved sound-healing practices in the Wisdom Healing Qigong technology.

Ancient Secrets: Sound-Healing Technologies ebook

Understand how this ancient sound-healing technology can help your body heal while releasing blocked emotions and awakening your spiritual nature



[Get immediate access to these three immunity-building Qigong resources here.](#)

Warmly,
Immanuel Solas
Community Transformation Team
The Shift Network

